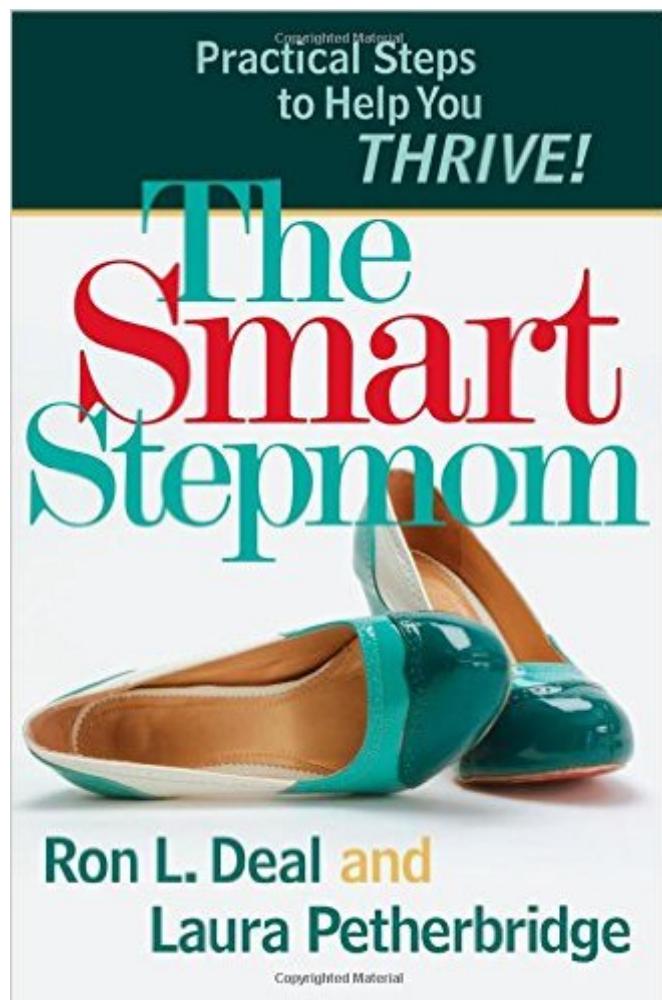


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# The Smart Stepmom: Practical Steps To Help You Thrive



## **Synopsis**

Vital help for women navigating the stepmom role, including sound strategies to strengthen her marriage and her relationship with her stepkids.

## **Book Information**

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## **Customer Reviews**

Ron L. Deal, founder of "Successful Stepfamilies" and licensed marriage and family therapist, has teamed up with Laura Petherbridge, author of WHEN "I DO" BECOMES "I DON'T," to develop a comprehensive source of practical insights and step-by-step encouragements for stepmoms. Unlike the stereotypical fairy tale portrayal of the wicked stepmother character, Deal and Petherbridge explain that, in the majority of households, nothing could be further from the truth. The vast majority of stepmoms desire nothing more than to take part in creating a successful marriage and passing on a legacy of loving support to their stepchildren. The glitch, however, is how to move from desire to realization. For most stepmoms, the journey is anything but easy and, as many admit, can be the hardest task for a person to undertake. The authors realize how difficult this role of "stepmom" can be, and Petherbridge speaks from firsthand experience as she offers her own personal remembrances of being stepmom to her husband's sons. She cites that stepmoms (like every living person) bring to the new marriage their own past experiences, insights and limitations, which must be recognized and acknowledged, otherwise injured feelings and short-circuit relational growth will occur between everyone in the family. Deal and Petherbridge offer readers (which should include stepmoms, stepdads and every person in the original family unit) great insight and countless

practical suggestions for working through every conceivable family dilemma. In the two-section text, stepmoms will gratefully learn that they are not alone in feeling that sudden urge to "run away from home," and that feeling like an "outsider" within the walls of their home is also a common response.

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